

First Aid Skills Update (FASU) Practice Sessions

Employers should ensure their first aiders are competent and maintain their skills throughout the three years in which their certificates are valid.

To combat skills fade over the three year certification period, this three-hour practice session provides first aiders with an opportunity to practise and update their skills as a qualified first aider, at any time while their first aid certificate is valid.

The HSE strongly recommends that you attend an update session once every year during this three year period or at least mid-way through the qualification.

Who should attend?

This 3.5 hour course is for people holding a current certificate in:

- **First Aid at Work**
- **Emergency First Aid at Work**
- **Paediatric First Aid**



What you will learn?

This session builds on your expertise and confidence by involving you in realistic situations with simulated casualties. Candidates will practise first aid in practical, hands-on scenarios.

Certification

The course **does not renew first aid certificates or extend the validity period of certificates.**

Attendees receive a St John Ambulance **Certificate of Attendance**.

Course duration and cost

Three and a half hours. £55.00.

***** For 2018, you can book this course for a
discounted price of £27.50 per person *****