

## First Aid at Work training course (3 days) (FAW)

The First aid at work training course provides the comprehensive set of practical skills needed by first aiders in most workplaces to become a confident first aider at work, giving both the ability and knowledge to deal with first aid emergencies. It meets the standards required to help comply with Health and Safety (First aid) regulations.

### Who should attend?

This course is designed for people who want to receive our most thorough first aid training.



### What you will learn

The content of the course will cover how to deal with the following:

The role of the first aider	Head injuries
Managing an emergency	Health and safety (first aid) regulations
Communication and casualty care	Low blood sugar
Asthma	Poisoning
Bleeding (minor and severe)	Resuscitation (adult CPR)
Bone, muscle and joint injuries	Seizures (adult)
Burns and scalds	Severe allergic reaction
Chest pains (including heart attack)	Shock
Choking (adult)	Spinal injuries
Eye injuries	Stroke
Fainting	Unresponsive casualty

### Certification

Successful candidates receive a St John Ambulance E-Certificate, valid for three years.

### Course duration and cost

Three days. **£245.00** per delegate