

Emergency First Aid at Work (EFAW) (1 day course)

This one-day course will help you meet your regulatory requirements if your risk assessment indicates that first aid training covering emergency protocols only, is sufficient for your workplace.

Who should attend?

This course is designed for people who want to receive training in emergency first aid and is especially suited for nominated first aiders in smaller, low risk working environments.



What you will learn?

The content of this course provides basic life saving first aid and workplace health and safety regulations, covering the following:

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| The role of the first aider | Fainting |
| Managing an emergency | Health and safety (first aid) regulations |
| Communication and casualty care | Resuscitation (adult CPR) |
| Bleeding (minor and severe) | Seizures (adult) |
| Burns | Shock |
| Choking (adult) | Unresponsive casualty |

Certification

Successful candidates will receive a St John Ambulance E-Certificate which is valid for three years.

Course duration and cost

One day. £102.00 per delegate.