

Baby & Child Essential First Aid (BCEFA)

Our Baby & Child Essential First Aid course teaches simple, life saving skills.

Emergency first aid topics are taught helping to reassure parents and prepare them for the first year and beyond.

Who should attend? This course is for parents, grandparents, and anyone who spends time looking after babies. Please note: This is not a workplace qualification.

St John Ambulance welcomes young people **from the age of 12** onto all our community first aid courses. If **under the age of 16**, you **must** attend with a responsible **adult** member of the family or guardian (two young people per adult).



Course content

- Communication and Casualty Care
- Primary Survey
- Resuscitation
- Choking
- Bleeding

Certification On successful completion of the course you will be sent an an E-Certificate valid for 3 years. Your certificate will state “Emergency Life Support (Child & Infant)”

Course duration and cost **3 hours. £25.00** per delegate, to include all training materials.

The **Baby & Child Essential First Aid - Bring your baby** course held on a Sunday afternoon 1 pm – 4 pm is the same content as above but is provided to assist those who may have difficulty arranging childcare. You may bring along your infant up to 12 months of age; the child remains wholly your responsibility throughout the 3-hour course as we do not provide childcare and the child is not included in the course.

The course is open to anyone to attend, but please do be aware that on the Sunday afternoon course only there will be babies present.